

**FIGURE 4-1 The Democratic Congressional Campaign Committee's
Recommended Daily Schedule for New Members, 2013**

<input checked="" type="checkbox"/>	4 hours	Call Time
<input checked="" type="checkbox"/>	1-2 hours	Constituent Visits
<input checked="" type="checkbox"/>	2 hours	Committee/Floor
<input checked="" type="checkbox"/>	1 hour	Strategic Outreach Breakfasts, Meet & Greets, Press
<input checked="" type="checkbox"/>	1 hour	Recharge Time

Source: Ryan Grim and Sabrina Siddiqui, "Call Time for Congress Shows How Fundraising Dominates Bleak Work," *Huffington Post*, politics blog, January 8, 2013, www.huffingtonpost.com/2013/01/08/call-time-congressional-fundraising_n_2427291.html?ncid=edlinkusaolp00000003.